



Welcome to... The Meadows

Make a referral:

-  0330 324 0090
-  referrals@dignus.group
-  dignus.group

About this home

The Meadows is a modern supported living home in Shepshed, offering three self-contained apartments and one duplex designed to promote independence and comfort. Each apartment includes a private bedroom, bathroom, lounge, and kitchenette, giving people supported the freedom of their own space within a safe and supportive environment. A communal lounge provides the option for social interaction, while the layout encourages privacy and personal choice.

Support services

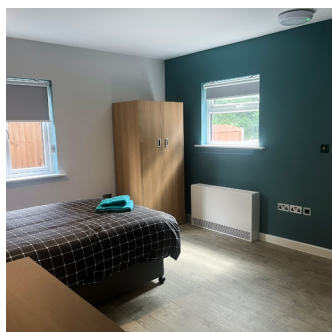
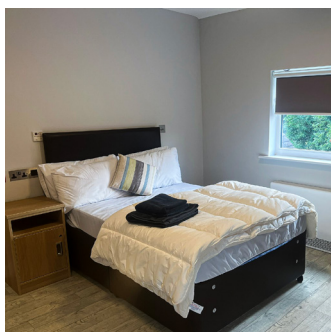
The support team at [The Meadows](#) brings extensive experience in supporting individuals with a range of conditions, including:

- Autism
- Mental Health
- Challenging Behaviour
- Sensory Impairment
- Dementia
- Forensic Services
- Learning Disability
- Physical Disability
- Attachment and Detachment Disorders
- Down Syndrome
- PDA - Pathological Demand Avoidance Syndrome
- Brain Injury

What we offer

Support at The Meadows is tailored to each person's individual needs and goals. We provide flexible, person-centred support for adults with learning disabilities, autism spectrum conditions, and mental health needs, helping them build confidence and independence in their daily lives. Our experienced team works closely with each person to ensure the right level of support is in place - encouraging choice, growth, and positive outcomes.

Gallery



Lifestyle

Life at The Meadows is centred on independence, inclusion, and meaningful daily routines. People are supported to manage their own homes, plan and prepare meals, and engage in community activities at their own pace. Whether enjoying quiet time in their apartment or socialising in the shared lounge, everyone is encouraged to live life in a way that feels right for them.

Who are we?

Dignus Group provides specialist support for people with complex needs, autism spectrum conditions, learning disabilities, and mental health conditions. We create safe, inclusive environments where individuals are valued, supported, and empowered to live fulfilling lives.

The local area

Located in Shepshed near Loughborough, The Meadows offers easy access to local shops, parks, and leisure facilities. The nearby green space and courtyard garden provide a calm outdoor environment, while the city centre is just a short journey away. With strong community links and good transport connections, The Meadows offers the perfect balance of independence and accessibility.



No CQC rating.
Newly opened service.

Make a referral or discuss this home in more detail:

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